

Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/01/2023																
Middle School Lunch	Total	5500														
BURRITO, Camitas-2018#2	Servings	500	434	40	343	7.00	4.01	179.0	209	3.6	*2	25.82	55.29	12.38	3.55	*0.01
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	900	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	500	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
SALAD,CHEF	1 EACH	500	579	173	1467	5.05	4.02	244.0	14294	31.44	*17	30.13	42.99	35.17	9.22	*0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	1	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES,FRESH	1 EACH	734	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES,FRESH	1 EACH	1	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF,Season.spirals-2018	SERVING	500	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	40	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			620	67	1141	6128.0	4.02	474.2	5638	39.71	*28	33.82	81.78	19.30	4.68	*0.02
% of Calories											*17.9%	21.8%	52.8%	28.0%	6.8%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/02/2023																
Middle School Lunch	Total	5970														
Spagh.w/Meat &Noodle-Roll-2020	3/4 CUP	1000	384	47	928	8.21	5.25	97.1	611	10.57	*6	24.46	54.28	9.94	2.97	*0.00
CORNBREAD,LOWFAT,frz egg	1 EACH	1	97	14	136	1.04	0.95	81.8	42	0.16	*4	2.95	19.54	0.71	0.18	*N/A*
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	1000	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatiao salad	1 EACH	900	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
CAKE, CHOC, w brownie frosting	1 EACH	1	329	0	218	2.80	1.42	16.8	280	0.03	*34	3.14	54.28	13.07	1.90	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			698	63	1281	5648.4	4.65	450.7	4737	37.08	*35	36.02	98.15	20.00	4.81	*0.02
% of Calories											*19.8%	20.6%	56.2%	25.8%	6.2%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/03/2023																
Middle School Lunch	Total	5970														
Crunchers, Cheese Pizza '23	1 EACH	1900	420	30	770	5.00	2.70	300.0	0	0.0	4	20.0	41.0	20.0	8.00	0.50
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1100	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	800	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1100	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season. spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			755	63	1351	5648.4	4.58	549.8	4415	37.12	*34	37.31	101.52	24.06	6.93	*0.18
% of Calories:											*18.1%	19.8%	53.8%	28.7%	8.3%	*0.2%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			691	64	1258	5808.3	4.42	491.6	4930	37.97	*32	35.72	93.81	21.12	5.48	*0.07
											*41.9%	20.7%	54.3%	27.5%	7.1%	*0.1%

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Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm. (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	691		600 - 700	100%												
Cholesterol (mg)	64															
Sodium (mg)	1258		1360													
Fiber (g)	5808.34															
Iron (mg)	4.42															
Calcium (mg)	491.6															
Vitamin A (IU)	4930															
Sugars (g)	32	18.60%			Missing											
Vitamin C (mg)	37.97															
Protein (g)	35.72	20.67%														
Carbohydrate (g)	93.81	54.30%														
Total Fat (g)	21.12	27.51%	<=30.00%													
Saturated Fat (g)	5.48	7.13%	<10.00%													
Trans Fat ¹ (g)	0.07	0.09%			Missing											

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Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/06/2023																
Middle School Lunch	Total	5970														
CHICKEN,ROASTED BOWL-2012	2 OZ	900	374	50	457	5.17	1.93	9.7	186	5.19	*0	19.45	33.3	17.35	4.86	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	700	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	700	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Chef Salad 2017	1 EACH	700	496	135	951	4.26	1.64	196.4	1437	8.97	*18	18.15	48.11	27.62	7.15	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season.spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			678	69	1089	5647.7	3.89	449.6	4211	36.84	*34	33.16	95.46	19.90	4.89	*0.02
% of Calories											*20.1%	19.6%	56.3%	26.4%	6.5%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/07/2023																
Middle School Lunch	Total	6500														
Pozole, Red Turkey'22 SEC	14 oz	1900	264	48	1592	3.71	2.71	27.2	1218	3.0	*3	21.76	25.82	7.39	2.75	*0.00
TORTILLA CHIPS-2021	SERVING.	1	280	0	200	6.00	3.60	80.0	200	0.0	*N/A*	4.0	38.0	12.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
TACO SALAD	SERVINGS	800	296	46	590	3.20	2.48	201.0	672	8.39	*N/A*	18.37	20.11	16.17	5.78	*N/A*
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES,FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1500	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	750	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	800	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	100	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF,Season.spirals-2018	SERVING	80	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			581	60	1353	5186.3	4.11	382.6	3587	38.70	*30	33.70	78.72	15.99	3.98	*0.02
% of Calories											*20.5%	23.2%	54.2%	24.8%	6.2%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/08/2023																
Middle School Lunch	Total	6500														
PRETZEL DOG 2013 WG	1 EACH	500	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki,Fried R.2017	serving	900	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	1500	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
SALAD,CHEF	1 EACH	1500	579	173	1467	5.05	4.02	244.0	14294	31.44	*17	30.13	42.99	35.17	9.22	*0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	1	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES,FRESH	1 EACH	734	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES,FRESH	1 EACH	1	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF,Season.spirals-2018	SERVING	500	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	40	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			657	88	1316	5186.5	4.32	489.0	7035	38.72	*27	35.57	79.48	23.90	6.49	*0.02
% of Calories											*16.5%	21.7%	48.4%	32.7%	8.9%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Thu - 03/09/2023																
Middle School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			600-700		1360						0.0%	0.0%	0.0%	<=30.0	<10.00	

Fri - 03/10/2023																
Middle School Lunch HOLIDAY	Total SERVING	1		0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			600-700		1360						0.0%	0.0%	0.0%	<=30.0	<10.00	

Weighted Average			639	72	1253	5340.1	4.11	440.4	4944	38.09	*30 *42.7%	34.15 21.4%	84.55 53.0%	19.93 28.1%	5.12 7.2%	*0.02 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	639		600 - 700	100%				
Cholesterol (mg)	72							
Sodium (mg)	1253		1360					
Fiber (g)	5340.19							
Iron (mg)	4.11							
Calcium (mg)	440.4							
Vitamin A (IU)	4944							
Sugars (g)	30	18.99%			Missing			
Vitamin C (mg)	38.09							
Protein (g)	34.15	21.39%						
Carbohydrate (g)	84.55	52.96%						
Total Fat (g)	19.93	28.08%	<=30.00%					
Saturated Fat (g)	5.12	7.22%	<10.00%					
Trans Fat ¹ (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Mar 13, 2023 thru Mar 17, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/13/2023																
Middle School Lunch HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Tue - 03/14/2023																
Middle School Lunch HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Wed - 03/15/2023																
Middle School Lunch HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Thu - 03/16/2023																
Middle School Lunch HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Fri - 03/17/2023																
Middle School Lunch HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Mar 13, 2023 thru Mar 17, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	0		600 - 700	0%		600		Correction Required - Calories are Low
Cholesterol (mg)	0							
Sodium (mg)	0		1360					
Fiber (g)	0.00							
Iron (mg)	0.00							
Calcium (mg)	0.0							
Vitamin A (IU)	0							
Sugars (g)	0							
Vitamin C (mg)	0.00							
Protein (g)	0.00							
Carbohydrate (g)	0.00							
Total Fat (g)	0.00		<=30.00%					
Saturated Fat (g)	0.00		<10.00%					
Trans Fat ¹ (g)	0.00							

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/20/2023																
Middle School Lunch	Total	5970														
CHEESEBURGER MINIS-2018	SERVING	1000	272	45	355	2.60	2.80	82.0	100	0.0	3	19.7	31.3	7.8	2.90	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1400	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	700	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	700	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
FRUIT, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season. spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			693	65	1219	5647.8	4.45	486.4	4618	36.63	*34	36.61	95.98	19.92	5.23	*0.02
% of Calories											*19.6%	21.1%	55.4%	25.9%	6.8%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/21/2023																
Middle School Lunch	Total	5970														
CHICKEN WINGS,MANGO HAB	1 SERVING	900	521	186	1147	0.00	0.54	17.8	0	0.0	0	26.75	28.34	32.7	8.92	0.00
ANERO'23																
MAC AND CHEESE 2016	1/2 CUP	900	298	50	352	2.13	1.54	359.4	687	0.16	2	15.81	24.55	15.55	9.82	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	700	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	700	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Chef Salad 2017	1 EACH	700	496	135	951	4.26	1.64	196.4	1437	8.97	*18	18.15	48.11	27.62	7.15	*0.00
YOGURT PARFAIT W/ GRANO	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
LA 2020																
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season,spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			745	97	1246	5647.2	3.92	505.0	4286	36.09	*34	36.64	98.42	24.55	6.98	*0.02
% of Calories											*18.5%	19.7%	52.8%	29.7%	8.4%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb. Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Wed, 03/22/2023																
Middle School Lunch	Total	5970														
Jambalaya, Chicken '23	Servings	900	336	*75	1105	3.71	2.83	41.1	*570	29.01	*5	17.84	38.38	14.94	2.78	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	900	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	800	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatio salad	1 EACH	800	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES,Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS,ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF,Season,spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			639	*62	1203	5647.1	3.90	428.6	*4391	38.25	*33	32.35	89.16	19.02	4.41	*0.02
% of Calories											*20.9%	20.2%	55.8%	26.8%	6.2%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/23/2023																
Middle School Lunch	Total	5970														
TACO Walkin, Beef, - '22	1.5 oz	900	384	32	693	4.42	2.32	75.1	796	6.24	*3	13.78	30.47	22.76	5.23	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	800	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	800	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Burrito Chicken Grande 2017	1 each	700	515	55	550	8.55	4.33	275.3	191	2.22	*2	25.83	69.22	16.18	5.24	*0.00
Wrap, CRUNCHY CHICKEN 2017	1 EACH	900	421	50	943	5.34	3.17	202.4	2939	19.9	*5	17.44	51.92	17.81	3.94	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	300	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season, spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			683	57	1148	5647.8	4.20	463.3	4611	39.24	*33	32.26	97.38	20.13	4.64	*0.02
% of Calories											*19.3%	18.9%	57.0%	26.5%	6.1%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A denotes a nutrient that is either missing or incomplete for an individual ingredient

denotes combined nutrient totals with either missing or incomplete nutrient data

Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calom (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/24/2023																
Middle School Lunch	Total	5970														
Nacho Delx W/ 3bnCHILI, chz2023	SERVING	1000	510	46	770	9.22	5.36	326.3	873	6.06	*0	19.34	48.89	24.73	9.15	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	1000	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatio salad	1 EACH	900	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
CAKE, CHOC, w brownie frosting	1 EACH	1	329	0	218	2.80	1.42	16.8	280	0.03	*34	3.14	54.28	13.07	1.90	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season, spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Reisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			719	63	1255	5648.6	4.67	489.1	4781	36.32	*34	35.16	97.24	22.48	5.84	*0.02
% of Calories											*18.7%	19.6%	54.1%	28.1%	7.3%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			696	*69	1214	5647.7	4.23	474.5	*4537	37.31	*34	34.60	95.64	21.22	5.42	*0.02
											*43.5%	19.9%	55.0%	27.4%	7.0%	*0.0%

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)							
Calories	696		600 - 700		100%												
Cholesterol (mg)	69					Missing											
Sodium (mg)	1214			1360													
Fiber (g)	5647.73																
Iron (mg)	4.23																
Calcium (mg)	474.5																
Vitamin A (IU)	4537					Missing											
Sugars (g)	34	19.35%				Missing											
Vitamin C (mg)	37.31																
Protein (g)	34.60	19.89%															
Carbohydrate (g)	95.64	54.97%															
Total Fat (g)	21.22	27.44%			<=30.00%												
Saturated Fat (g)	5.42	7.01%			<10.00%												
Trans Fat ¹ (g)	0.02	0.02%				Missing											

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 03/27/2023																
Middle School Lunch	Total	6500														
QUESADILLA, Spicy, Chicken 2020	1 EACH	1900	454	91	927	3.00	1.88	563.3	594	4.25	*2	29.52	30.8	23.05	12.29	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serv	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
TACO SALAD	SERVINGS	800	296	46	590	3.20	2.48	201.0	672	8.39	*N/A*	18.37	20.11	16.17	5.78	*N/A*
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES, FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS, FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1500	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	750	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	800	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	100	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF, Season, spirals-2018	SERVING	80	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			636	73	1159	5186.1	3.87	539.3	3405	39.07	*29	35.97	80.17	20.57	6.77	*0.02
% of Calories											*18.4%	22.6%	50.4%	29.1%	9.6%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/28/2023																
Middle School Lunch	Total	6500														
CHICKEN WINGS,MANGO HABANERO'23	SERVING	1900	521	186	1147	0.00	0.54	17.8	0	0.0	0	26.75	28.34	32.7	8.92	0.00
MAC AND CHEESE 2016	1/2 CUP	1900	298	50	352	2.13	1.54	359.4	687	0.16	2	15.81	24.55	15.55	9.82	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1070	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1300	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	800	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken,Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
TACO SALAD	SERVINGS	800	296	46	590	3.20	2.48	201.0	672	8.39	*N/A*	18.37	20.11	16.17	5.78	*N/A*
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES,FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1500	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
FRUIT, Oranges RAW-2017	1/2 CUP	750	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	800	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	100	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF,Season.spirals-2018	SERVING	80	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatlo 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			743	115	1326	5185.8	3.92	484.9	3432	37.87	*29	39.78	86.63	27.93	8.65	*0.02
% of Calories											*15.8%	21.4%	46.6%	33.8%	10.5%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Wed - 03/29/2023																
Middle School Lunch	Total	5000														
Bowl, Chicken, Kung Pao 2014	1 EACH	1000	354	64	885	6.00	9.00	0.0	739	12.16	10	26.26	50.92	4.34	1.45	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	600	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	600	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
TACO SALAD	SERVINGS	600	296	46	590	3.20	2.48	201.0	672	8.39	*N/A*	18.37	20.11	16.17	5.78	*N/A*
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
PEACH CUP	1 EACH	100	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	*N/A*
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES, FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS, FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
FRUIT CUP, FRESH 2012	SERVING	1500	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
Apple, Oranges RAW-2017	1/2 CUP	750	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	800	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	100	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
POTATO FF, Season spirals-2018	SERVING	80	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			630	62	1149	6741.0	5.40	463.6	3726	48.95	*39	35.90	90.90	15.62	3.82	*0.02
% of Calories											*24.5%	22.8%	57.7%	22.3%	5.5%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/30/2023																
Middle School Lunch	Total	5500														
ENCHILADA, GREEN CHICKEN -2012	6.25 OUNCE	1000	421	52	1039	6.08	3.11	213.8	267	8.89	*3	21.01	55.56	13.7	3.65	*0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand, Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, Teriyaki, Fried R.2017	serving	600	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	600	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
Salad, Asian Chicken 2017	1 EA	600	708	45	875	19.74	4.52	254.5	3270	307.33	*55	24.04	114.2	19.23	3.59	*0.00
FRUIT CUP, FRESH 2012	SERVING	1	62	0	12	1.86	0.29	24.1	1303	44.31	*9	1.04	15.44	0.29	0.07	*N/A*
VEGGIE CUP, FRESH	SERVING	1	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PEACHES, FRESH	1 EACH	1502	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
PLUMS, FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season, spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	serving	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate MOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			637	54	1132	6130.0	4.06	464.8	3115	69.53	*36	32.40	93.70	16.87	3.76	*0.02
% of Calories											*22.8%	20.3%	58.8%	23.8%	5.3%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 6

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Fri - 03/31/2023																
Middle School Lunch	Total	5970														
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	1000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
Sweet Potato Wedges#2	SERVING (1/2c.)	1000	150	0	10	3.00	0.36	20.0	3900	7.2	*N/A*	2.0	24.0	5.0	0.50	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	900	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Chicken Sand. Spicy-2017	1 EACH	1000	366	45	804	6.00	2.80	98.0	189	0.0	4	27.0	45.0	10.0	1.00	0.00
Chicken, teriyaki, Fried R.2017	serving	1000	484	53	1030	5.72	2.90	75.0	6163	24.45	*15	23.61	66.37	13.86	2.44	*0.00
Chicken, Mandarin Orange	SERV	900	622	58	1000	3.55	4.53	66.4	4984	21.3	*0	20.44	86.55	20.84	2.43	*0.00
PEPRONI PIZZA WEDGE ROS	1 EACH	900	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
E&SHORE																
spicy chicken/tapatío salad	1 EACH	900	410	51	868	6.24	3.38	55.1	1656	11.72	*10	22.4	43.32	18.27	2.72	*0.01
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
CAKE, CHOC, w brownie frosting	1 EACH	1	329	0	218	2.80	1.42	16.8	280	0.03	*34	3.14	54.28	13.07	1.90	*0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
Fruit, grapes 2017 3oz	package	1502	60	0	10	1.00	0.00	10.0	0	1.2	13	0.0	15.01	0.0	0.00	0.00
APPLES, Fresh	1 EACH	367	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
Fruit, PEARS, ASIAN-2017	1 each	367	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
POTATO FF, Season, spirals-2018	SERVING	800	155	0	248	2.07	0.75	0.0	0	0.0	0	2.07	25.88	5.18	1.04	0.00
Raisels, Variety	servings	500	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			694	64	1176	5648.1	4.07	447.9	5288	36.51	*33	35.27	96.93	20.01	4.48	*0.02
% of Calories											*19.3%	20.3%	55.9%	25.9%	5.8%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			668	74	1188	5778.2	4.27	480.1	3793	46.39	*33	35.86	89.66	20.20	5.49	*0.02
											*45.0%	21.5%	53.7%	27.2%	7.4%	*0.0%

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Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 6

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	668		600 - 700	100%												
Cholesterol (mg)	74															
Sodium (mg)	1188		1360													
Fiber (g)	5778.21															
Iron (mg)	4.27															
Calcium (mg)	480.1															
Vitamin A (IU)	3793															
Sugars (g)	33	20.00%			Missing											
Vitamin C (mg)	46.39															
Protein (g)	35.86	21.47%														
Carbohydrate (g)	89.66	53.67%														
Total Fat (g)	20.20	27.21%	<=30.00%													
Saturated Fat (g)	5.49	7.40%	<10.00%													
Trans Fat ¹ (g)	0.02	0.02%			Missing											

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 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.